WHO WAS INVOLVED?

Relate was written by teachers, occupational therapists, speech and language therapists and NCSE staff specialising in behaviour and wellbeing, autism and curricular support. School staff and students played a big part in creating the resource and trying it out to make it better for schools.





NCSE Relate

Information for Parents/Caregivers



An Chomhairle Náisiúnta um Oideachas Speisialta National Council for Special Education

www.ncse.ie/relate

WHAT IS RELATE?

NCSE Relate is a resource to support school staff to understand and reframe behaviour. Relate puts relationships at the heart of teaching and learning, with an emphasis on understanding and connection.

The resource takes a 'regulation first' approach meaning that relationships, the environment, and the individual are central to support. Relate shifts the focus from *what* is happening to *why* it is happening and supports the student where they need it.

8 Principles



Rights Based



Student Voice



Regulation First



Neuro-affirmative



Solution Focused



Staff and Student Wellbeing



Unconditional Positive Regard



Universal Design for Learning

WHAT IS IT ABOUT?

Relate has 8 principles to guide school staff in their understanding of behaviour and inclusion. Then there are 6 elements of support to guide school staff to support a student, a group or even the whole class.

WHEN WILL SCHOOLS USE RELATE?

Schools will use Relate to create an inclusive learning culture that works for everyone. Relate can be used to inform how a Code of Behaviour can be applied in an inclusive and practical way.

If a student needs more support, school staff can use Relate to support that student in an inclusive and holistic way that explores *why* a behaviour is happening and to make supportive decisions that celebrate diversity.

6 Elements of Support



The Understanding Element



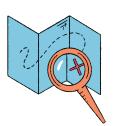
The Classroom



The Relationships Element



The Teaching Element



The Exploring Element



The Reflecting Element