



Castlebar Primary School School Self-Evaluation Report & Improvement Plan 2024–2026

Focus: Wellbeing – update September 2025

Our School Improvement Plan has been reviewed and updated further this year to build on the wonderful initiatives from last year. We hope to continue to build on these fantastic foundations and to extend them even further. As always your support and partnership are vital in this to ensure wellbeing for our whole school community.

We have introduced some new initiatives this year to enable us all to achieve a school where we feel our wellbeing is prioritised and supported. Together We Achieve!

Update:

2024-2025 – has been reviewed – really positive impact from feedback sought.

2025-2026 – embed excellent work from year 1 and pilot new targets e.g. RELATE, ANSEO

2024-2026 – Two-year action cycle – some items are rolled out over the two years having been so successful in 2024/25 e.g. our positive boards, Wellbeing Week, Our Cultural Diversity night, our newsletters etc.

Why Wellbeing?

- Wellbeing is central to our ethos and mission.
- As a newly amalgamated school, building a culture of care, belonging and respect is essential.
- National frameworks and research confirm that wellbeing underpins learning and achievement.
- Surveys from staff, pupils and parents show wellbeing is already a strength – and a shared priority.

What We're Doing Well – as evidenced from surveys (Pupils / Parents / Staff) in Term 1 2024

- Pupils feel safe, respected and supported.
- Strong, positive relationships between staff, pupils and parents.
- Inclusive environment (e.g. sensory spaces, supports for diverse needs).
- High-quality teaching and assessment; pupils enjoy learning.
- Staff model respect, calm communication, and commitment to CPD.
- Wide range of curricular and extra-curricular activities, promoting health and participation.

Areas to Improve

1. Pupil Voice & Engagement – more opportunities for pupils to contribute to decisions.
2. Parental Partnership – strengthen parent involvement, awareness of child protection and community links.

3. Learning Environment & Responsibility – encourage pupil responsibility for caring for their school.
4. Staff Wellbeing & Communication – support workload balance, clearer systems, recognition and collaboration.



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SMART Targets set

Key Actions 2024–2026

We have lots of good things happening; too many to mention in a summary but here's a little taste.

- =Wellbeing Committee - Amber Flag, Wellbeing Week & Positive Boards – to embed a culture of kindness and safety. – initiatives for students & parents
- Partnerships – work with parents, Mayo Mental Health promotion officer, working with NEPS, NCSE behaviour support advisors, CDNT
- Student Support Team (SST) – new structure for supporting pupils & staff
- Training & CPD – autism awareness, emotional regulation (Zones of Regulation, RELATE, NEPS workshops, 2025 ANSEO – wellbeing through attendance).
- Celebrating Inclusion – annual Cultural Diversity Night, community-wide events, our newsletters to share information and celebrate, using social media effectively.
- Pupil Responsibility – Green Team, Tidy Classroom Awards, Playground leadership through Playworks.
- Curriculum & Supports – consistent SPHE, RSE, Stay Safe; continuum of SEN support; counselling pilot.
- Health & Participation – Hot Meals Programme, sports initiatives, computer clubs, workshops in school, extracurricular activities, creative schools, music programmes internet safety week, summer programme etc
- Staff Wellbeing – wellbeing walks, social outings, fitness classes, coffee mornings, recognition of contributions. (Wellbeing committee)

How We'll Know It's Working:

- We will resurvey of pupils, parents and staff show measurable improvements.
- Student Council and Green Team actively involved.
- We will have more consistent staff confidence in emotional regulation and behaviour frameworks.
- Increased parental awareness of procedures and supports.
- Positive feedback from whole-school events, partnerships and wellbeing initiatives.

This plan builds on our strengths, places wellbeing at the heart of everything we do, and sets clear, practical targets for pupils, parents and staff over the 2024 – 2026 cycle.